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| TWO ½-DAYS PARTICIPANT PROGRAMME  DAY 1: FIRST SESSION | |
| Slide 1  **Activity** 1 | Welcome and Introductions |
| Slides 2-4 | Presentation - Workshop Overview   * What the *Reflective Workshop* is about. * Overview of broad learning objectives. |
| **Activity 2** | Activity - Participants’ Hopes and Fears   * Agree ground rules |
| Slides 5-8 | Presentation - Food as a Symbol   * Introduce *Food and Care Study* * Introduce *Resource Handbook* |
| **Activity 3** | Activity - Personal Food Reflections |
| Slides 9-10 | Presentation - Food and the Residential Care Context   * Discussion |
| COFFEE/COMFORT BREAK | |
| Slides 11-12 | Presentation - Managing Food Routines   * Discussion |
| **Activity 4** | Activity - Food Routines   * Discussion |
| Slide 13 | Presentation - Food, Feelings and Relationships |
| Slides 14-15 | **Review** |
| CLOSE | |

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| TWO ½-DAYS PARTICIPANT PROGRAMME  DAY 2: SECOND SESSION | |
|  | Welcome |
| Slides 16-18  **Activity 5** | Activity   * Discussion * Link to learning from previous session |
| Slides 19-20 | Presentation – Food and Food Tensions within Residential Care |
| **Activity 6** | Activity: Pair and Share: Care vs Control   * Discussion |
| Slides 21-22 | Presentation – Power and Control |
| Slide 23 | Presentation – Implications for Practice |
| COFFEE/COMFORT BREAK | |
| Slides 24-27 | Presentation - Looking Forward   * Explain the Reflective Tool * Explain the JOTIT Notebook * Explain Peer Support * Explain Interactive Introduction |
| Slide 28 | Review - Pulling it all Together   * Discussion about next steps * Action planning. * Questions and final points |
| Slide 29 | Review – Participant Feedback   * Current and future feedback |
| CLOSE | |

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