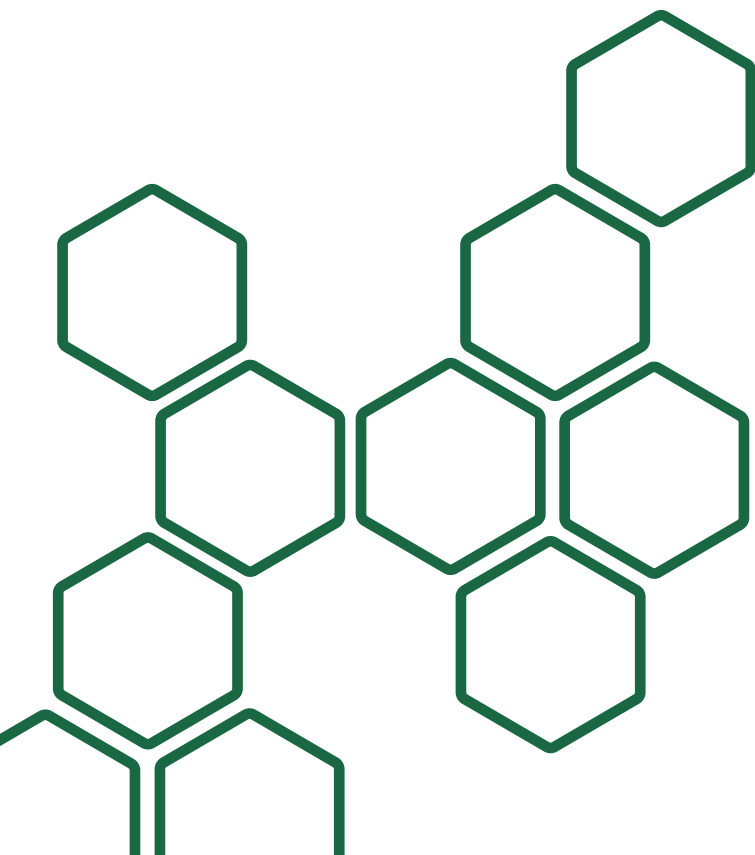


QUESTIONS FOR ACTIVITY 6 – PAIR AND SHARE

Using only 8 questions is recommended. Choose from this list.

1. If you were not here today, where would you IDEALLY be?
2. How should your menus be decided?
3. What are good manners and how do you encourage them?
4. What are acceptable food preferences/dislikes? (e.g. 'I only like potatoes as chips'/'I don't eat peas')
5. When is it OK to eat with your fingers?
6. When is it OK for a child to eat alone in their room?
7. What are the advantages of all eating together at the table?
8. What are the disadvantages of all eating together at the table?
9. What are the rules of the kitchen?
10. What, if any, are the rules about chores?
11. How do you manage snacks?
12. What is done differently around food if someone is ill?



FACILITATOR FEEDBACK FORM

- 1. Please fill in this section of the form as the workshop participants are doing Activity 7. Indicate on the diagram below roughly where the participants placed themselves (e.g. mark each person with a 'X'):**

	
Views have changed a lot in relation to food practices	Views have not changed much in relation to food practices

- 2. Can you give examples of some of their reasons for why they placed themselves in that position:**

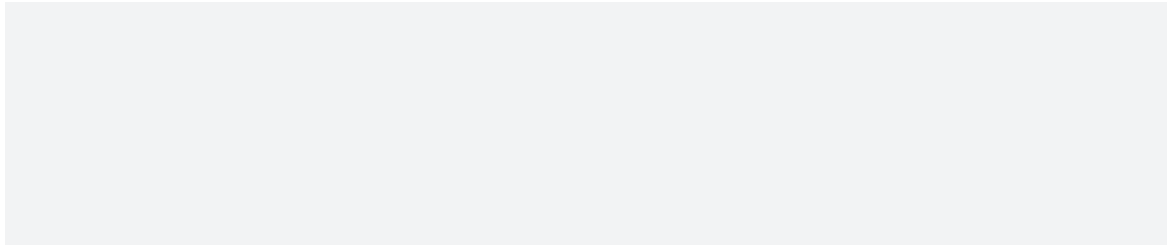
- 3. As you ask each of them to share one thing about what they might do next as a result of this workshop please record their responses below (one space for each participant):**

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.

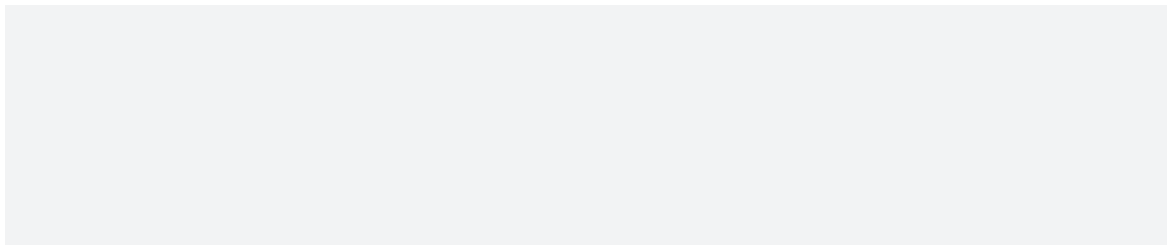


At the end of the workshop, possibly whilst the participants are filling in their feedback forms, it would be really helpful to the Stirling University team if you could provide us with your feedback on what it was like to run this workshop. This will enable us to evaluate the programme and consider possible revisions.

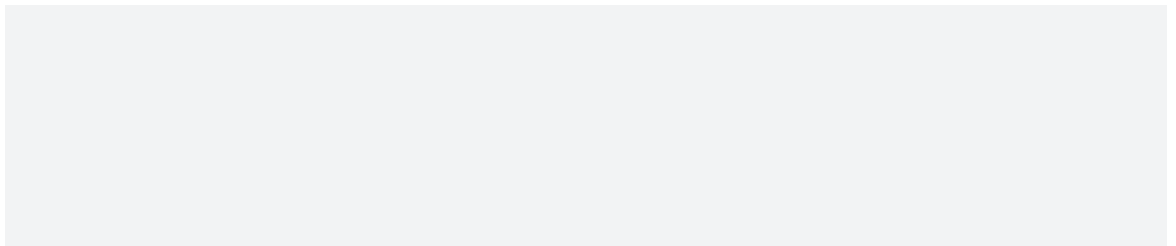
1. What was it like for you running this workshop today?



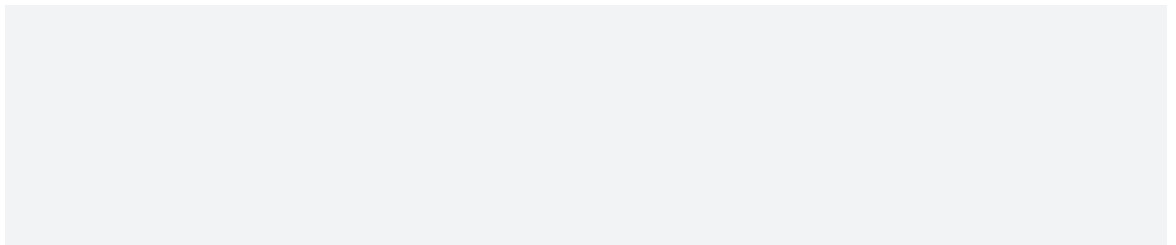
2. What were the main challenges you faced?



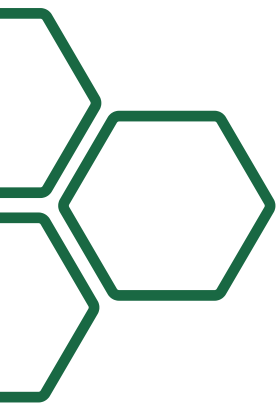
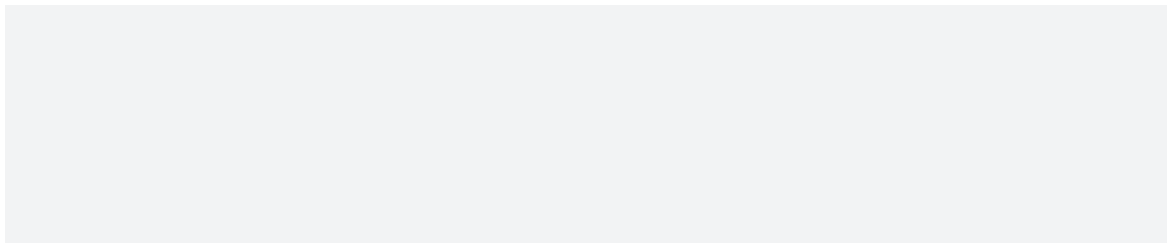
3. What were the things you liked most about facilitating this workshop?



4. What were the things you least liked about facilitating this workshop?



5. In particular, what were the difficulties and benefits associated with delivering a preprepared training resource ?



6. What have you found most helpful about the Facilitators' Pack?

7. What have you found least helpful about the Facilitators' Pack?

8. In what ways might the Facilitators' Pack be improved?

9. In what ways might the content of the Workshop be improved?

10. Is there anything else you would like to add about your experience of facilitating this workshop?

Please send this form, along with the participants' evaluation form and future feedback sheets to: Ruth Emond, School of Applied Social Science, University of Stirling, Stirling, FK9 4LA

Many thanks. Your cooperation with passing on your and the participants' feedback is greatly appreciated.

The Stirling University Team: Ruth, Sam and Ian.

